

CONNIE JAKAB

**BRAVELY
CONNECTED
METHOD AND
MOVEMENT
FOUNDER**



@CONNIEJAKAB



CONNIEJAKAB.COM

CONNIE@CONNIEJAKAB.COM

ABOUT CONNIE

connie@conniejakab.com
conniejakab.com

BRAVELY CONNECTED METHOD FOUNDER

Connie Jakab is a Speaker, Author, and the CEO of Jakab Co Renovations, where she and her husband are not only renovating homes, but renovating relationships. Her background of mental health and resilience and his background in home improvement have come together to create the Bravely Connected method. Connie is also the founder the Bravely Connected Foundation where she is restoring community and schools back to connection. She is the author of the Bring Them Closer series and lives in Calgary, Alberta with her husband, two boys, and two corgis.



BELONGING AND RESILIENCE SPECIALIST

Connie. has been studying how belonging creates resilience for 25 years. Her work in educational settings, along with writing her books, has led her to creating the Bravely Connected Method that solves the problem of disconnection in the workplace.

SIGNATURE KEYNOTES & PRESENTATION TOPICS



KEYNOTE SPEAKER



CONSULTANT FOR SUSTAINABILITY



PODCAST HOST



A METHOD THAT WORKS

MOVING TOWARDS BRAVE/SAFE SPACES

Safe spaces don't create belonging, but brave spaces that are safe do. This talk shows how to go from low trust, lack of belonging, self preservation to belonging, creativity, trust,

MOTIVATION AND BEHAVIOUR

Behaviour is communication. This talk shares how to get to the root of behaviour to motivate ourselves and those around us to feel a part of a cohesive group and mission.

CREATING CONNECTING MOMENTS

Belonging creates resilience. How we gather matters. This talk shares how to create moments together from the ordinary day to day that can create a dynamic that inspires and connects people.

CONFLICT RESOLUTION AND COMMUNICATION

Imagine communication felt easy and conflict wasn't something everyone avoided? This talk makes relational communication easy and even fun!



HOW IT WORKS

1. PRESENTATION

A one hour keynote presentation starts the package off to introduce the Bravely Connected Method.

2. LEADER WORKSHOP

A half day leadership workshop to take leaders through how to lead teams through the Bravely Connected Method.

3. PEER SUPPORT MODEL

A half day peer support workshop to take employees/volunteers through the Bravely Connected Peer Support Model.

BOOKS

You can't read this book and not be challenged and encouraged.

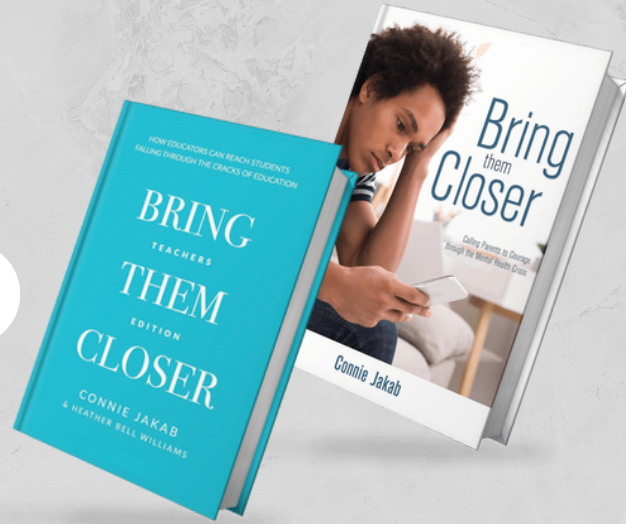
DR PAUL DAY

This book is a beacon of hope.

LEAH EVERSON, AUTHOR

This book will be a great help to those who read it.

**ANDREW NEUFELD, REGISTERED
CLINICAL COUNSELLOR**



Available at [Amazon.ca](https://www.amazon.ca)

The Bravely Connected 5 Step Method started with these two books created for parents and educators.

MEDIA APPEARANCES



Bell
Let's Talk



Past talks



ORGANIZATIONS

Carya

Staff Day

United Way Calgary

Staff Day

Impact Speaker

Calgary Dream Centre

Staff Day

Canadian Immigrant

Women Association

Staff Conference

Centre for Newcomers

Training for Social Workers

EVENTS

Bell Let's Talk Day

Calgary, Edmonton, Vancouver

My World Conference

Calgary

Mission Fest

Vancouver

Teachers Convention

Calgary, Edmonton, Red Deer,
Grand Prairie, Lethbridge

Imagine Conference

Newfoundland

Bring Them Closer

Baker Lake, Nunavut



TESTIMONIALS

What they are saying...



What a great session yesterday the team really appreciated Connie's engaging approach. It was just what we needed! She put so much thought and passion into the session. I was really impressed with how everyone engaged and felt comfortable sharing.

KAREN YOUNG, CEO UNITED WAY CALGARY



Connie is a gifted and dynamic speaker. She brings wholistic awareness and encouragement to her audience. She makes the audience feel right at home through her humour, knowledge, and vulnerability.

JOSH RANS, COMMUNITY HUB LEAD



Connie came in and spoke to our staff about some life-giving soul care techniques. It was practical, honest, and full of joy. Connie was concise yet not rushed, vulnerable yet powerful. 10/10 would have her back any day!

SIMON GAU - CITY REACH EXECUTIVE DIRECTOR



Awesome presentation! I really enjoyed. It was heavy material, but Connie made it uplifting somehow. Her enthusiasm was contagious. Lots of thought provoking ideas that I can apply to my own journey.

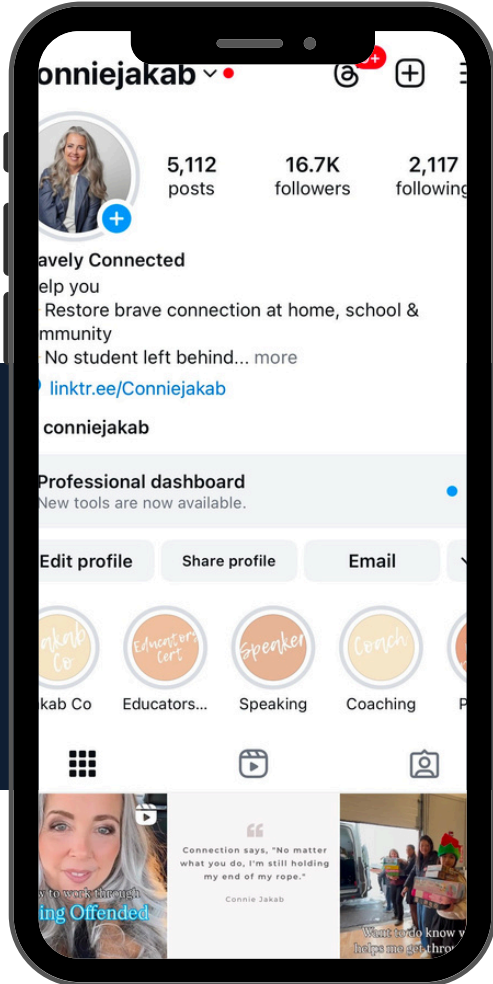
GRAND YELLOW PUBLIC SCHOOL LEAD

I found Connie's approach very refreshing, helpful and hopeful! She was authentic and shared real experiences for the benefit of others. She is a dynamic presenter and someone who is making a difference in people's lives and communities.



**SANDRA CICMAN
RESOURCE LINKS DIRECTOR**

MY AUDIENCE



TOP COUNTRIES

1. Canada
2. United States
3. Germany
4. Australia

TOP CITIES

1. Calgary
2. Edmonton
3. Surrey
4. Vancouver

25-55

AGES

62%

FEMALE

41k

REACH

38%

MALE

10K

BOOK SALES

25+

YEARS OF SPEAKING

5000+

EMAIL SUBSCRIBERS



5.5k



16.7k



241



5.8K



BRAVELY
CONNECTED

Ready to book?

CONTACT CONNIE

Thank you for considering Connie for your
next speaking opportunity

CONTACT INFO:

EMAIL: connie@conniejakab.com



@conniejakab



@bravelyconnected



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