

## CBE Concussion Protocols

### What are the steps to follow when a concussion is suspected?

The following protocol is effective in all schools from Sept. 1, 2015 (Revised Aug. 9, 2017):

1. At school or during school related activities, if a concussion is suspected, stop the student's participation in the activity and seek medical attention appropriate to the severity of the injury. If in doubt, sit them out.
2. Should the student receive medical attention for a suspected concussion then a medical note must be requested to confirm the diagnosis of a concussion or indicate that a concussion has not been diagnosed. Complete the Accident/Incident Report.
3. If a concussion happens when the student is not at school and a parent advises or a student self-reports that they have a concussion then a medical note must be requested by an administrator. A staff member must contact the parents/guardians and request a medical note if one has not been provided.

Note: A concussion is a **medical diagnosis** given by a physician. In the event of a suspected concussion, a medical practitioner has the medical knowledge to diagnose the concussion and provide a medical note. Medical professionals may:

1. Diagnose the concussion and diagnose the concussion
2. Identify pertinent recovery protocols
3. Specify activity restrictions, and
4. State other relevant information state other relevant information

This information is important as schools prepare for '*return to play*' and '*return to learn*' conversations and schedules in consultation with medical professionals.